ABSTRACT

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BEHAVIOR OF NUTRITION MEETING IN PREGNANT WOMEN IN THE WORKING AREA OF KARANGTENGAH PUBLIC HEALTH IN WONOGIRI REGENCY

ABSTRACT

Background: Fulfillment of maternal nutrition during pregnancy depends on the behavior of the mother in fulfilling her nutrition during pregnancy, because during pregnancy the mother distributes nutrition for the fetus she contains so that the baby born is influenced by the condition of the mother. Objectives: To find out and describe the characteristics, knowledge, attitudes and practices of nutrition fulfillment in pregnant women in the working area of Karangtengah Health Center, Wonogiri Regency. Methods: Descriptive research with cross sectional approach. The taking of sample uses a purposive sampling technique, with a total sample of 74 respondents, while the research instrument uses a questionnaire. Data analysis using univariate analysis. Result: 1) Characteristics of respondents based on the age of pregnant women with nutritional fulfillment in the Karangtengah Health Center Working Area Wonogiri Regency has the majority of age 20-35 years, the majority of pregnant women have elementary-junior high school education, the majority of pregnant women do not work and for parity children (primigravida), 2) the knowledge of pregnant women about the fulfillment of nutrition in the Karangtengah Community Health Center Working Area in Wonogiri District has a majority of good knowledge, 3) the majority attitude of pregnant women in the Karangtengah Health Center in Wonogiri District has a positive attitude, and 4) the behavior of pregnant women in the region The work of the Karangtengah Health Center in Wonogiri Regency has the majority of good behavior. Conclusion: Respondents' characteristics regarding age, education, employment status and parity of pregnant women greatly influence the knowledge, attitudes and behavior of pregnant women. The better the characteristics of the respondents, the better the behavior of pregnant women in the working area of the Karangtengah health center in Wonogiri Regency.

Kata kunci: knowledge, attitude, behavior, fulfillment of nutrition, pregnant women