THE APPLICATION OF PERINEUM WOUND CARE TO POSTPARTUM MOTHER USING POVIDONE IODINE 10%

ABSTRACT

Background: Perineal wound is the perineal injury to the urogenital diafragagma and the leucatory muscle, which occurs during normal labor, or labor with the device, can occur without injury to the skin of the perineum or the vagina, so it is not visible from the outside. Perineal wound care using 10% povidone iodine can accelerate wound healing of the perineum and inhibit the proliferation of bacteria or fungi near the wound in accordance.

Objective: To identify the results of perineal wound observation before and after the administration of povidone iodine 10% in Ny. E and Ny. A in Kadipiro, Banjarsari, Surakarta.

Method: The study was designed using Case Study with Descriptive research design. An independent variable of 10% povidone iodine has perineal wound healing. Methods of collecting the data used preliminary study, interview and observation. Data is presented with narration and tables.

Results: Post partum mothers who were given perineal wound care using povidone iodine 10% experienced wound healing Ny. E on day 5 and Ny. A on day 6. Conclusion: A brownish red wound, pain scale 1, no swelling, pus and dry wound conditions.

Keyword: Perineum Wound Care, Povidone Iodine 10%, wound healing process, Post Partum.