APPLICATION OF WARM COMPRESS WITH RED GINGER GRATER AGAINST PAIN SCALE IN ELDERLY GOUT ARTHRITIS IN JAGALAN JEBRES SURAKARTA

ABSTRACT

Background: Elderly is an event that must be experienced by every human being. The problem of degenerative diseases usually experienced by the elderly is usually gout arthritis. Gout Arthritis is a crystal-shaped acid that is the end result of purine metabolism. To reduce the pain can be applied with warm compresses with grated red ginger. Purpose: Describe the implementation results of warm compress with red ginger scarring on the pain scale in elderly people with gout arthritis. Method: This research use descriptive research method with two respondents. Result: The results of the research on Tn. D and Tn. W with gout arthritis in Jagalan after a warm compression with red ginger grater 5 times in a row with 20 minutes with results on Tn. D before warm compression done with red ginger scale moderate pain be scale mild pain while for Tn. W before warm compress with red ginger grater with severe pain be moderate pain. Conclusion: From this research is a warm compress with red ginger grater effective for the elderly people with gout arthritis

Keywords: Elderly, Gout Arthritis, Pain, Warm compress with red ginger grater.